

New home for Southwest Washington Humane Society

The public can preview the opening of the new Humane Society for Southwest Washington, Sunday, July 19, at the facilities new headquarters at 1100 NE 192nd Avenue.

"The \$7 million new facility has been put together as a community effort," says **Elaine Killian**, spokesperson for the Humane Society's fundraising efforts. Activities Sunday begin at 12:30 p.m. and continue till 4 p.m. The celebration includes live music, tours of the new facility, and children's activities.

The Humane Society offers the most up to date facilities for animal care in the Southwest Washington region.

YWCA clicks to build future community garden

YWCA Clark County and Umpqua Bank will launch a community garden if YWCA receives the most votes from the "Click for a Cause" program. Pictures from yesterday's groundbreaking event are below.



Top left photo: "Diggers" are **Steve Stuart**, Clark County Commissioner, **Pat Jollota**, Vancouver City Council Member, Mayor Pro Tem, and local historian, **Barbara Brace**, Vice president and Commercial Relationship Manager at Umpqua bank, and **Debbie Abraham**, YWCA Board President.

Top right photo: The diggers doing the inaugural dig for the garden.

Bottom left photo: Left is **Jennifer Werdel**, YWCA Development and Communications Director listens along with the crowd to **Sherri Bennett**, YWCA Programs Director & SafeChoice Domestic Violence Program Director explain about the blueprint and future plans of the garden.

Grant provides next step in supporting Southwest Washington caregivers

Against the backdrop of a tight economy and the expanding need for caregivers, Clark College has received a \$20,000 grant under the 2009 Community College Caregiver Training Initiative.

The initiative, which is funded by MetLife Foundation, will expand home-based caregiving training capacity by making it accessible online to a greater audience and improve education and access to home-based caregiving training for family caregivers.

Planning stages are scheduled to begin in September, with training to begin in spring 2010.

Increased need for caregiving

According to the U.S. Census, there were 35,210,000 people ages 65 and older living in the United States in 2005. By 2020, the national population aged 65 and older is expected to be 54,632,000 – a 55 percent increase.

According to the Office of Financial Management, the increases will be larger in Washington state, which will see a 73.3% increase from 710,501 to 1,231,193. In Clark College's service district, the increase will be

even larger: 103.1% — an increase from 39,896 to 81,043. This increasing aging population will result in the critical need for long-term senior care.

Nine out of 10 Americans ages 60 and over would like to remain in their own homes as they age (*Senior Journal*, January 2007). As a result, according to Economic Modeling Specialists, Inc. (EMSI), in-home care is one of the fastest growing segments of all senior care, and the demand for in-home caregivers will double by 2050. Locally, in-home caregiving is the second fastest growing occupation within the health care sector. EMSI data shows that there will be an 82% job growth rate for in-home caregivers between 2002 and 2018.

According to **Todd Oldham**, executive director of corporate and continuing education: “Clark College intends to meet the demand of this significantly growing industry by developing a more effective home-based caregiver training program. The training will also support family caregivers who want to care for their older relatives.”

Due to cost, Oldham notes, a majority of the older people receive care from family members. “According to the National Family Caregiving Association (NFCA), family caregivers are providing 80% of long term care in the United States, most of which is unpaid,” says Oldham. “Often the family members are completely unprepared to provide care for older relatives. Therefore, caregiving training for the family caregivers is an urgent necessity. Many of these family caregivers are balancing their work, their family and caring for an older relative all at the same time. Training in an alternative format of distance learning will be easier to accommodate in an already over-crowded schedule.”

In Washington State, the demand for caregiving training will increase even more in the future due to changes in educational requirements for caregivers of the elderly and disabled. The caregiver will be required to complete a new seventy-five hour entry-level training and then has 120 calendar days to complete an additional 70 hours of training consisting of core and patient-specific competencies.

Caregiving training

The program will provide home-based caregiver training content through a series of ten e-learning modules. The content of the ten e-learning modules will consist of high definition videos illustrating the proper techniques for home healthcare, each lasting between five to ten minutes. It will also include reading assignments, exercises and online assignments.

Techniques demonstrated on the video portion of the e-learning modules include, but are not limited to, mobility, changing a client’s position, transfers, body mechanics, fall prevention, bathing, toileting, hand washing, cleaning & disinfecting, and safe food handling practices. Each video vignette will be narrated and filmed within either a simulated or actual home care setting. The final videos will be professionally edited and hosted from within CCE’s Moodle Learning Management System (LMS).

Clark College’s Corporate and Continuing Education (CCE) Department

With over 8,000 enrollments per year, Clark College’s Corporate and Continuing Education (CCE) Department is the region’s premier provider of classes, seminars, certificate programs and training opportunities.

CCE has been providing caregiving training since 1997. It has two existing caregiving programs: fundamentals of caregiving (FoC) training and nursing assistant certified (NAC).

Another new program, adult family home care administrator training, will begin in fall 2009.

Frenchman’s Bar Park improvement project begun

Clark County Public Works and Vancouver-Clark Parks and Recreation began construction of an improvement project at Frenchman’s Bar Regional Park on July 20.

The project will add two covered picnic shelters in the park, which is located at 9612 N.W. Lower River Road. A large picnic shelter, located west of the southern parking lot, will include 12 tables, and a concrete counter with sink and electrical outlets. A small picnic shelter, located west of the caretaker’s residence, will include six tables and two electrical outlets.

Construction is scheduled to be complete in October. Park visitors may experience some minor impacts during construction, but the park will remain open.

Calendar

Vancouver City Council workshop meeting, Monday, July 20, 4 to 6 p.m., in the city council chambers at

City Hall, 210 E. Street. <> *The Life and Times of General George Pickett*, a two-act play, is being performed tonight at the Foster Auditorium at Clark College, July 17, 8 to 10 p.m., 1933 Fort Vancouver Way. For information, call **360-816-6230** or email kimm.fox-middleton@nps.gov. <> *The Wind in the Willows* is at the Magenta Theater, tonight, July 17, 8:30 p.m., 606 Main Street. Phone **360-606-0033** or email director@magentatheater.com for information. <> Movies at Esther Short Park, tonight, July 17, 8:30 p.m., Esther Short Park, 610 Esther Street. For further information, call **360-487-8630** or email events@ci.vancouver.wa.us. <> Vancouver Farmers Market, today, July 17, 5 to 9 p.m., Saturday, 9 a.m. to 3 p.m., and Sunday, 10 a.m. to 3 p.m. <> 1860s Vintage Baseball, Saturday, July 18, 6 to 8 p.m., on the Parade Ground next to the bandstand, 610 East Reserve Street. <> Cruise "The Gut" this Saturday, July 18, at dusk, Main Street between 28th Street and Mill Plain Boulevard. <> Relay for Life, Saturday, July 18, 10 a.m., Columbia River High School, 800 NW 99th Street. <> Fire in the Park, July 18, 11 a.m. to 5 p.m., Esther Short Park, 8th and Esther Streets. <> Soldier's Bivouac at Vancouver Barracks, Saturday and Sunday, July 18 and July 19, 9 a.m. to 5 p.m. Event is free of charge and Bivouac takes place on Parade Ground, 610 East Reserve Street. <> *Midsommer Nights Dreame* performed at Esther Short Park, Sunday, 2 to 4:30 p.m., July 19, 610 Esther Street. <> Battle Ground Harvest Days, July 17th through 19th, Friday 10 a.m.:10 p.m., Saturday at 7 a.m.:11:30 p.m., and Sunday at 7 a.m.:4 p.m., located at the Fairgrounds Park.

Friday on the air

Seattle Mariners vs. Cleveland Indians (live)—4:05 p.m., FSN 710 ESPN

Clark County Animal Control Hearings (7-8)—7 p.m. CVTV 23

City Minutes-Columbia River Crossing update (6-28)—8 p.m. CVTV 23

Clark College Orchestra: Catalonia (6-7)—8:30 p.m. CVTV 23

Bravo! Vancouver—100 Years of Jazz (6-20)—10 p.m. CVTV 23

Town Tabloids and the Weather

Regina Pedroza commercial hopeful. <> **John A. Bryden** sending questions. <> **Jim Kreipe** remodeling "the manor". <> **Friday**, sunny, 62-92. **Saturday**, mostly sunny, 57-85. **Sunday**, sunny, 57-82.