



David Sacamano

### **David Sacamano joins BergerABAM**

**David Sacamano**, RLA, LEED AP, has joined BergerABAM as a senior landscape architect and urban design manager in the firm's Vancouver office. Sacamano has 14 years of experience with planning, design, permitting, and the constructing of urban landscapes and public open spaces.

Sacamano's work includes a wide range of project types, including those for municipalities, higher education and healthcare institutions, and transportation agencies. His demonstrated expertise in parks and open space planning, landscape architecture, urban design, site planning, and sustainable design will create feasible, visually appealing, environmentally sensitive, and economically responsible projects. His expertise strengthens the firm's service practice in the areas of open space, transportation, waterfront, and urban development planning and design in metropolitan Portland, southwest Washington, and the Puget Sound area.

Sacamano earned his bachelor of landscape architecture from the University of Oregon and his bachelor of science in environmental science from Willamette University. He is a licensed landscape architect in Washington and Oregon and is a LEED-accredited professional.

### **Evergreen Habitat for Humanity**

#### **adds new staff member**

**Jennifer Schmidt** joined the Evergreen Habitat for Humanity staff as the new communications manager. Schmidt will focus on increasing public awareness, event coordination and web design.

Previously, Schmidt worked at Underwriters Laboratories, Inc., as a project handler overseeing communications and event coordination for the Camas office.

Schmidt was also vice president of public relations for her local Toastmasters club and holds a bachelor's degree in journalism from Humboldt State University.

#### **Ann Rivers to run for 18th District Representative**

La Center businesswoman **Ann Rivers**, president of Convergence Northwest Consulting, announced her candidacy for the open 18th Legislative District seat in Clark and Cowlitz counties.

Rivers, 43, has been a resident in the 18th District for over 14 years, living and working in both counties that make up the district. "Having lived in both Clark and Cowlitz counties, I possess a perspective of the varying needs of the district," said Rivers. "I feel that I know this district and the people who live here. And the people of this district are hurting – I intend to do everything I can to fix that."

"Is government doing enough?" Rivers asked. "Has government made the hard choices to cut costs? People are in tough straights financially – the government must share that burden and make sacrifices as well. Like the people of this state, government must learn to do more with less. No society has ever taxed itself into prosperity and ours is no exception."

"I'm ready to hit the ground running," Rivers said. "I've worked on legislative staff, run a business, and taken principled stands in my everyday life, such as opposing the megacasino development that will damage our community."

"This isn't a notch on a gunbelt for me," Rivers went on. "I am deeply committed to representing the people of this district and that is my full focus in running for this office."



Jennifer Schmidt



**Clark College to hold Mental Health Monday discussion**

The holidays may be over, but, for people who are dealing with economic uncertainty, job loss or family crisis, stress is a constant. Acute or chronic stress can have a serious impact on an individual's emotional or physical well-being. Clark College will hold Mental Health Monday with a discussion on the topic "Managing Stress with Mindfulness," with guest speaker **Yael Schweitzer**, LCSW, BC-DMT. The event will be held from noon to 1 p.m. Monday, Jan. 11, in Clark's Penguin Student Lounge, located in the college's Penguin Union Building, 1933 Fort Vancouver Way. The event is free and open to the public.

**Yael Schweitzer received training in the leading managing stress programs at the Center for Mindfulness at the University of Massachusetts Medical School and the Mind/Body Medical Institute at Harvard University. For more than 25 years, she has incorporated mindfulness-based approaches into her teaching and therapeutic work.**

**Calendar**

Washougal City Council meets for a special workshop at 5:30 p.m. tonight, Dec. 29, in City Council chambers, 1701 C Street. Topic for the evening will be the E-Street Improvements Project, with possible action to follow. For questions, contact the City Clerk's office at **835-8501**.

**Tuesday on the air**

- Port of Vancouver Board of Commissioners (12-8)--4:30 p.m. CVTV
- Clark College Orchestra Fall Concert (12-2)--6 p.m. CVTV
- Columbia River Crossing Project Sponsors Council (12-4)--7:30 p.m. CVTV
- Clark County World AIDS Day Recognition (12-1)--9:45 p.m. CVTV
- Clark County Land Use Hearings (12-10)--11 p.m. CVTV

**Town Tabloids and Weather**

**Romy Orantes** receiving list of "Top Words." <> **Alex Meinig** planning a future trip. <> **Jamie Gross** heading to a place much warmer <> **Tuesday**, light snow, 39-37. **Wednesday**, showers, 44-36. **Thursday**, rain, 46-45.