



Bounsang Khamkeo grew up in Laos but left at the age of 17 to study in France. Thirteen years later, in 1973, he returned to his homeland and was imprisoned for seven years where he struggled to stay alive and keep sane in spite of harsh physical privation and psychological abuse. Khamkeo is also a human rights advocate who frequently speaks to students in political science, history, and psychology programs as well as residents who are pursuing psychiatry studies.

Gambling and addictions—an Asian perspective—coming to Clark's Mental Health Mondays series

Bounsang Khamkeo, a behavioral health counselor at the OHSU Avel Gordly Center for Healing, will be discussing gambling and addictions from an Asian perspective from noon to 1 p.m. Monday, Nov. 16, in the Penguin Student Lounge, Penguin Union Building, 1933 Fort Vancouver Way, Vancouver. Maps and parking directions are available at www.clark.edu/maps.

Two additional “Mental Health Mondays” events will be held in November. On Nov. 23, **Kathleen Waldron**, M.Ed., LPC, NCC, will discuss eating disorders. Waldron has more than 20 years of community college experience.

On Nov. 30, **Judy VanPatten**, LMHC, will focus on “Coping with the Holidays.” VanPatten is a professor at Clark College.

The “Mental Health Mondays” sessions are sponsored by the Clark College Counseling Center. For additional information, call 992-2902.

Open house to gather input on future of rural lands Nov. 10

An open house dealing with rural lands will be held at 6 p.m. Tuesday, Nov. 10, at the Dollars Corner fire station, 21609 N.E. 72 Avenue.

The Board of Clark County Commissioners convened a rural lands task force in June 2009 to create recommendations to the board on the

following specific issues: rural center economic development opportunities, maintenance of farming and forestry operations, rural economic development opportunities, rural areas that are next to develop (future urban reserve areas), and rural areas where natural landscapes dominate over the built environment.

The discussions so far have been about the potential for increasing densities and economic opportunities in rural centers, how best to preserve agricultural activities, and the county's forest and mining policies. The purpose of the open house is to ask the public for ideas on these and any other topics affecting rural areas in the county.

For more information, contact **Gordy Euler**, community planning at 397-2280 ext. 4968, email Gordon.Euler@clark.wa.gov or visit <http://www.clark.wa.gov/longrangeplan/projects/rural-lands-review.html>.

Spoken-word artist Kelley Zen-Yie Tsai performs at WSU Vancouver

Washington State University Vancouver welcomes **Kelley Zen-Yie Tsai** to the stage at 6 p.m. Wednesday, Nov. 4, in the administration building, room 110. Tsai is a spoken-word artist who fights for cultural pride and survival through her work. As a teenager, she developed a passion for spoken word at the birthplace of the international poetry slam movement the Uptown Poetry Slam in Chicago. Over the last 10 years she has become one of the country's leading innovators of spoken-word poetry.

This event is free and open to the public. Parking is available at parking meters or in the Blue Daily pay lot for \$3. For more information, visit www.vancouver.wsu.edu/studentdiversity.



Kelley Zen-Yie Tsai

News Briefs

Community Design Pride awards ceremony will be held at 2:30 p.m. Friday, Nov. 13, in Clark County Public Service Center, sixth floor hearing room, 1300 Franklin Street. For additional information, contact **Desiree de Monye** at 397-2375 ext. 4165. <> A ribbon cutting for the Stevenson off-leash area is being held at 1 p.m. Saturday, Nov. 7, 3003 Addy Street, Washougal. Licensed dogs are welcome. Grand prizes and games will also be available. <> Region IV Public Health, which serves SW Washington, added a matrix today to aid individuals in assessing whether individual's flu symptoms warrant a

call to 9-1-1, their health provider or simply care at home. Check out the matrix [here](#) for more information.

Calendar

ROOTS Restaurant & Bar, Lapellah, and 360 Pizzeria are donating 100% of today's lunch and dinner profit to the Free Clinic of Southwest Washington. Locations are as follows: ROOTS Restaurant & Bar, 19215 SE 34th Street, Suite 110, Camas, **260-3001**; Lapellah Restaurant, 2520 Columbia House Blvd., Suite 108, Vancouver, **828-7911**; 360 Pizzeria, 3425 SE 192nd Avenue, Vancouver, **260-3605**. <> BikeMe! Vancouver is holding a meeting at 6:30 p.m. tonight, Oct. 28, Wallis Engineering, 4th and Columbia. Anyone interested in bicycling in Vancouver is encouraged to attend. For more information, call **253-1742**. <> Shoreline Master Program Update Open House will be held from 6 to 8 p.m. tonight, Oct. 28, Camas Public Library, 625 NE 4th Avenue, Camas. Call **487-7949** for more information or visit www.cityofvancouver.us/shorelineupdate/default.html. <> The City of Vancouver will host a Community Open House and Information Fair from 4 to 8 p.m. Thursday, Oct. 29, at the Westfield Vancouver Mall (lower level between Nordstrom and Macy's). Attendees will be able to meet representatives from all city departments and ask questions about city programs and services, and learn about what's going on in the community. Kids of all ages are welcome and will be treated to face painting by the Vancouver-Clark Parks and Recreation department, among other activities. Call **487-7060** or email events@ci.vancouver.wa.us for more information. <> La Center City Council meets at 7 p.m. tonight, Oct. 28, in City Council chambers, 214 East 4th Street. <> Loaves and Fishes will be providing hot meals to senior citizens from noon to 2 p.m. tomorrow, Oct. 29, in the community center. 1000 E 4th Street.

Wednesday on the air

Election 2009: Vancouver City Council Mayoral General Candidates—5:30 p.m. CVTV
Election 2009: Vancouver City Council Position 1 General Candidates—5:58 p.m. CVTV
Election 2009: Vancouver City Council Position 2 General Candidates—6:27 p.m. CVTV
Election 2009: Vancouver City Council Position 3 General Candidates—7 p.m. CVTV
Election 2009: General Video Voters' Guide (9-24)—7:30 p.m. CVTV
Statement of Support Signing Ceremony (9-18)—8 p.m. CVTV
Celebrate Freedom Festival: 104th Training Division (LT) Farewell Ceremony (919)—8:45 p.m. CVTV
Election 2009: Battle Ground Candidates' Forum (10-15)—9:30 p.m. CVTV
Election 2009: Central County Candidates' Forum (10-12)—10:30 p.m. CVTV
Election 2009: Vancouver Mayoral Candidate Debate (10-7)—11:30 p.m. CVTV

Town Tabloids and the Weather

Michelle Braunsten checking it twice. <> **Pat Bowden** finally receiving one at a time. <> **Ozzie Coats** conjuring up the gang. <> **Polly Jobe** advising. <> **Jim Kreipe** working at the speed of light. <> **Wednesday**, cloudy, 45-52. **Thursday**, light rain, 50-52. **Friday**, a few showers, 55-62.